



Women's Anger

An Anger Group for Women

By Allies in Change

*Improving Relationships ♦ Building Intimacy
Strengthening Communication ♦ Reviving
Connections ♦ Rediscovering Happiness*

Tuesdays at 6:00 pm

or

Tuesdays at 6:30 pm

335 NE 18th Ave.
Portland, OR 97232
(503)297-7979

www.AlliesinChange.org
Allies@AlliesinChange.org



Women's Anger Group

***An Anger Management
Group for Women***

About the Group

The cause of women's abusive behavior tend to be complicated and somewhat different than the common causes of men's abuse. Many women arrested for domestic violence are "secondary aggressors" – while abusive, it is within the larger context of more serious and on-going abuse from their partner.

Group Content

The women's group curriculum is similar to that of the men's program, except there is additional focus on victimization issues common among women including managing trauma, assertiveness, and boundary setting.

Rates

Our standard rate is \$85 per group session, however, we offer reduced sliding scale fees based on income. Contact our office for details.